



WESTBURY YOUTH SOCCER CLUB, INC.

516-468-2071

COVID-19 Protocol

Westbury Youth SC Families & Coaches:

As we prepare to return to the soccer field, the Westbury Youth SC will be following the Long Island Junior Soccer League (LIJSL) and CDC rules and regulations. The Westbury Youth SC **continues to closely monitor the situation**. As always, our main priority is the safety and well-being of our participants, coaches' staff and parents. The Westbury Youth SC, will be providing PPE as needed. Everyday preventive actions should be taken, including the following that we are incorporating for our players, coaches and staff:

***Do not shake hands. Do not "high five." Thumbs up will suffice or adopt the "Wuhan Shake" in lieu of a traditional greeting** - <https://www.bbc.com/news/av/world-asia-china-51726440/coronavirus-the-wuhan-shake-or-the-elbow-bump>

***Please wash hands before and after training - use soap and warm water and wash for a minimum of 20 seconds. Carry and use hand sanitizer.**

***Stay home if you are sick/not feeling well. Please be conservative and make smart choices for the benefit of both the individual and the larger group. As always, we ask that you inform the club and your coach when you will be absent and update.**

Please see the info below that provides more information:

- *Avoid close contact with people who are sick.*
- *Avoid touching your eyes, nose, and mouth.*
- *Stay home when you are sick.*
- *Cover your cough or sneeze with a tissue, then throw the tissue in the trash.*
- *Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.*
- ***Follow the CDC's recommendations for using a facemask.***
 - *CDC requires the consistent and correct use of masks, by making sure that staff, athletes, and spectators are covering their noses and mouths.*
 - *Advise staff and coaches that masks should not be placed on:*
 - *Anyone who has trouble breathing*
 - *Anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without assistance*

- *Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.*
 - *If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.*

Additionally, please see the attached the “Return to Activities Responsibilities,” responsibilities for returning to play, from the LIJSL.

Here are some NY State guidance Within the US Soccer guidelines COVID-19 Protocol to keep our participants safe:

There is flexibility in the amount of time spent on each phase and individual organizations are supposed to make educated decisions for when their organization is ready to move to the next phase or possibly revert back to the next phase in the soccer field.

All ENYYSA sanction activities in US Soccer’s Phase II (full team training) and Phase III (full team full team competitions) that are in accordance state and local regulations. However, teams should only be moving to full team competitions if they have all hygiene and protection protocols in place, and their players have had enough training time to achieve enough fitness to safely return to match play. Again I suggest all clubs and teams refer to the US Soccer PLAY ON to determine if they are ready for Phase III.

This change in sanctioning includes an expectation that clubs will move forward cautiously and responsibly so we can continue moving forward with soccer activities and not have to revert back. This includes:

- Not traveling to tournaments out of your region or out of state, even if not using ENYYSA passes to play.
- Excluding members from participating in activities that have symptoms
- Excluding members from participating in activities that have been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine
- Cooperating with local health officials and contact tracers if a member of your organization tests positive for the coronavirus.

This includes providing information to the contact tracers to indicate who they may have been in contact including team members, other club members, coaches and any opposing teams.

The Youth Soccer Program returned to the soccer field to resume soccer activities. All guidelines were as follows:

- Coaches must take the temperature of each participant before they go on the field.
- Maximum of 18 players per group and 1 coach.
- 3 feet of distance at all times.
- Masks are needed (Coaches) when setting up session and when the Coach is talking to players explaining activities and Drills.
- Masks can be taken off when players are moving.
- Participants cannot touch equipment, just their own soccer ball
- Parents are not allowed on the field during practices.
- Coaches must have hand sanitizer at all times (sanitizing has to be used before and after each practice).
- Pennies/scrimmage vest can be used. (Coaches must wash after every practice)
- Keep the players in the social distance requirement.
- Spread all of the participants' backpacks 3 feet apart.
- Players do not touch coaches' equipment.

Participants Name: _____

Parent/guardian Name: _____

Date: _____